

# I Am One Who...

*The spiritual journey and the creative process are full of mystery often taking unexpected twists and turns. Both lead us into places we never intended to go with surprising results.*

~Reverend Karla M. Kincannon, D.Min. *Creativity and Divine Surprise: Finding the Place of Your Resurrection*

Creating SoulCollage® cards you are invited to discover more about who you and who God calls you to be in relationship to God, yourself, and others. The art in the gentle practice of SoulCollage® comes from your heart and the creative spirit—the Holy Spirit. The cards become a visual expression of your prayers.

- Learn to communicate with God in the nurturing language of image and silence. I.e., choose the images that *choose you*.
- The focus is on the *process* of becoming open to God as you create.
- Prompts for the art come from *Lectio Divina*—the ancient spiritual practice of *holy reading* scripture, poems, or other sacred texts.
- Making art intuitively opens you to the mystery of God. When you begin, you do not know how the creative expression will unfold. You cannot predict the things you will discover or experience. You can trust the Holy One who guides you.
- Upon completion of the SoulCollage®, “I Am One Who...” written statements help express your heart prayers and discoveries in beautiful and unexpected ways.
- No worries, if you can cut or tear and paste, you can do this. Bring your open-hearted self. All supplies provided.



Katie S. Warren, MAEd. is a spiritual director, art facilitator, retreat leader and mixed-media artist. She has a master's degree in counseling and is a provider of individual spiritual direction as well as art and group spiritual direction. She completed the Sursum Corda Spiritual Directors Formation Program and is a trained SoulCollage® facilitator. Katie is a member of Spiritual Directors International and is an active member of a centering prayer group. In 2021 she spent a month as artist in residence at St. Gertrude's Monastery in Cottonwood, ID. Katie facilitates an Artist Rule Zoom group.